

Notification Date: November 18, 2025 Effective Date: November 25, 2025

# Granulocyte Monocyte-Colony Stimulating Factor, Plasma

Test ID: GMCSF

# **Explanation:**

This test will become obsolete on the effective date due to assay performance issues. The recommended alternative is noted below.

### **Recommended Alternative Test:**

# Cytokine Panel, Plasma

Test ID: CYPAN

## Methodology:

Bead-Based Multiplex Immunoassay

#### **Reference Values:**

Tumor necrosis factor: <10.0 pg/mL Interleukin (IL)-6: <5.0 pg/mL Interferon (IFN)-beta: <20.0 pg/mL

IL-10: <7.0 pg/mL

Monocyte chemoattractant protein-1: < or =198 pg/mL

IL-1 beta: <20.0 pg/mL IFN-gamma: <60.0 pg/mL

Macrophage inflammatory protein-1 alpha: <220 pg/mL Granulocyte-monocyte colony stimulating factor: <15.0 pg/mL

IL-2 receptor alpha soluble: < or =959 pg/mL

IFN-alpha: <20.0 pg/mL IL-18: < or =468 pg/mL

### **Specimen Requirements:**

**Supplies:** Sarstedt Aliquot Tube, 5 mL (T914)

Collection Container/Tube: Lavender-top (EDTA)

Submission Container/Tube: Plastic vial

Specimen Volume: 0.5 mL

**Collection Instructions:** 1. Immediately after specimen collection, place the tube on wet ice.

2. Centrifuge at 4 degrees C, 1500 x g for 10 minutes.

3. Aliquot plasma into plastic vial.

4. Freeze specimen within 2 hours of collection.

Minimum Volume: 0.3 mL

# **Specimen Stability Information:**

Specimen Type	Temperature	Time
Plasma EDTA	Frozen	21 days

## **CPT Code:**

83520 x 10 83529

Day(s) Performed: Wednesday Report Available: 2 to 8 days

# Questions

Contact Amy Ennis, Laboratory Resource Coordinator at 800-533-1710.